Advice from Astuce

D

-67%

A+++

A+++		
A++		
A+		
A		
B		
C		
D	**D**	

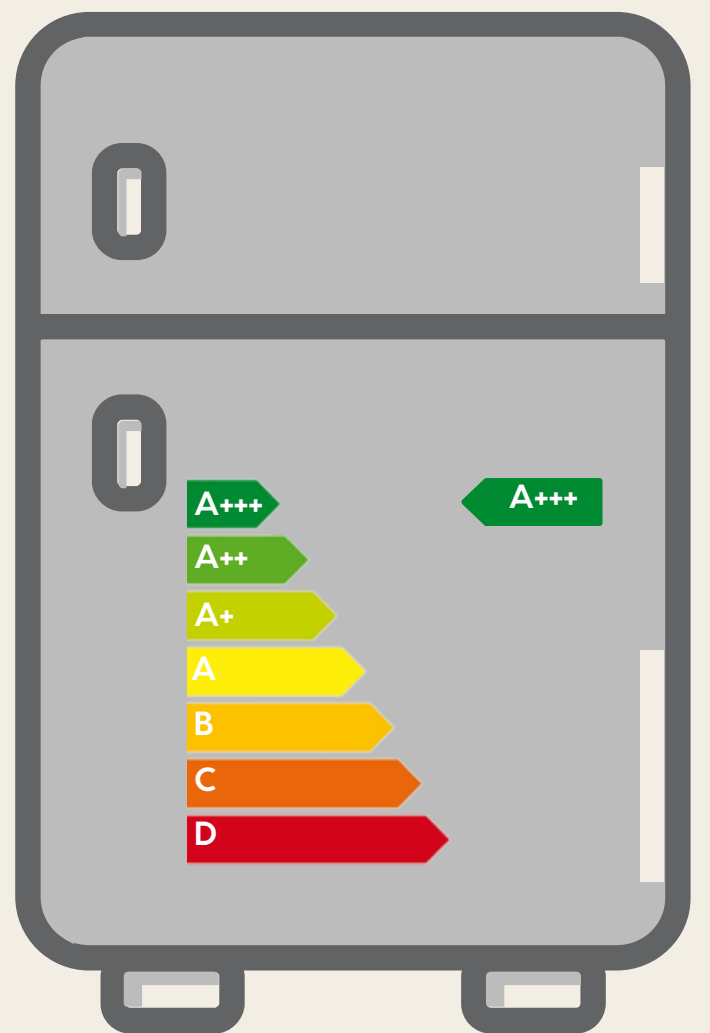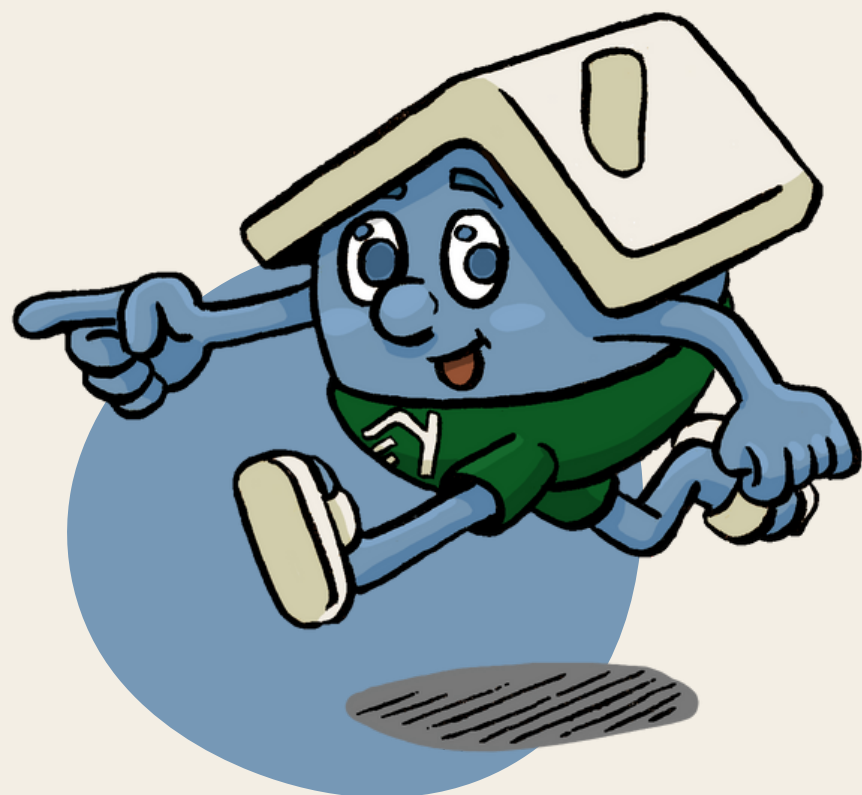|		
A+++		**A+++**
A++		
A+		
A		
B		
C		
D		

**By investing in a class A+++ refrigerator,
you can save up to 67% on your annual energy invoice.**

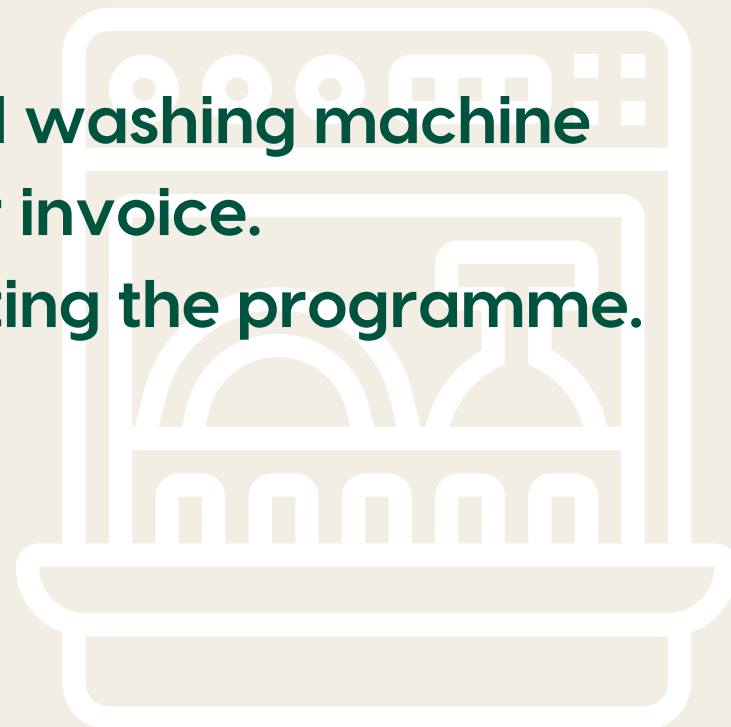# Advice from Astuce

ECO MODE
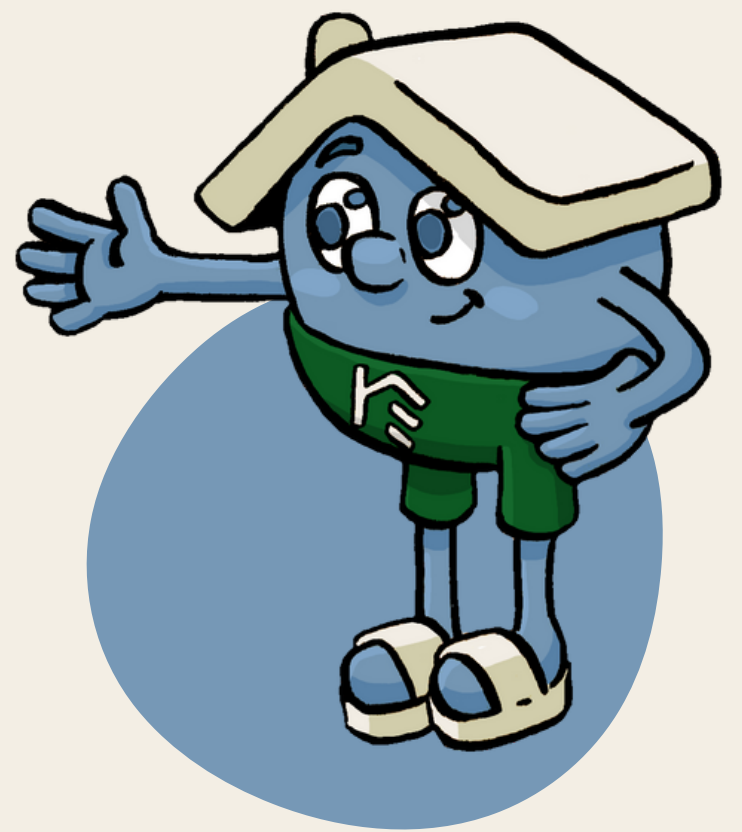
30°C = 2x ⊖ ⚡

30/45°C = ⊖ 45% ⚡

6̶0̶°C

5̶5̶°C

Use eco mode for your dishwasher and washing machine
will save you money on your invoice.
Don't forget to fill them well before starting the programme.

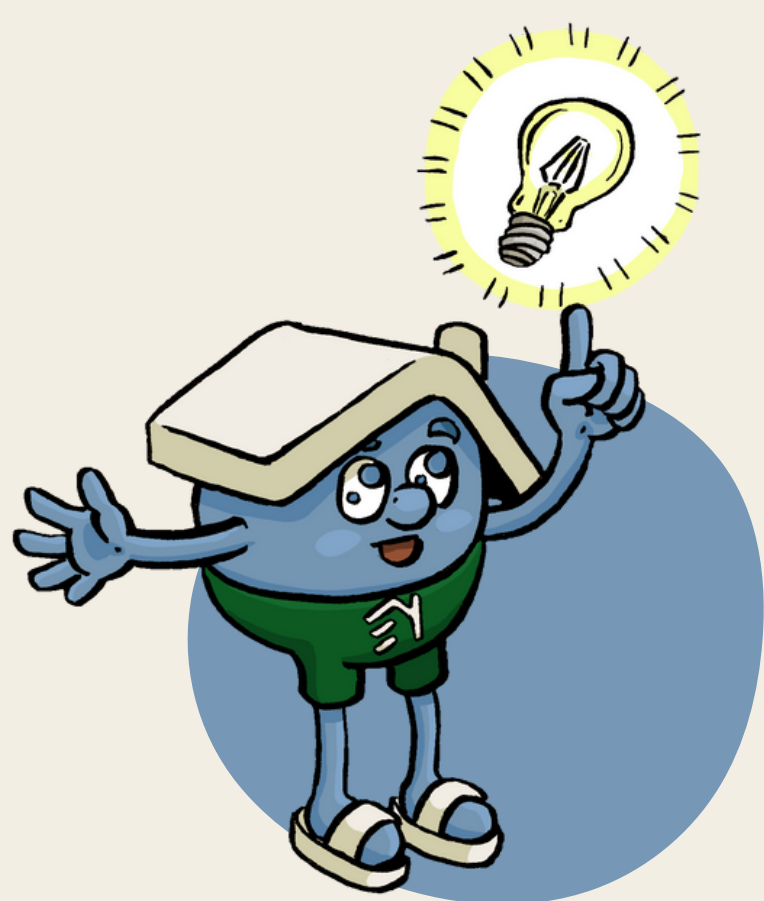EPINAL HABITAT

Advice from Astuce

It's very important to sort your waste at home so that it can be recycled. This prevents it from ending up in the oceans or in "open dumps".
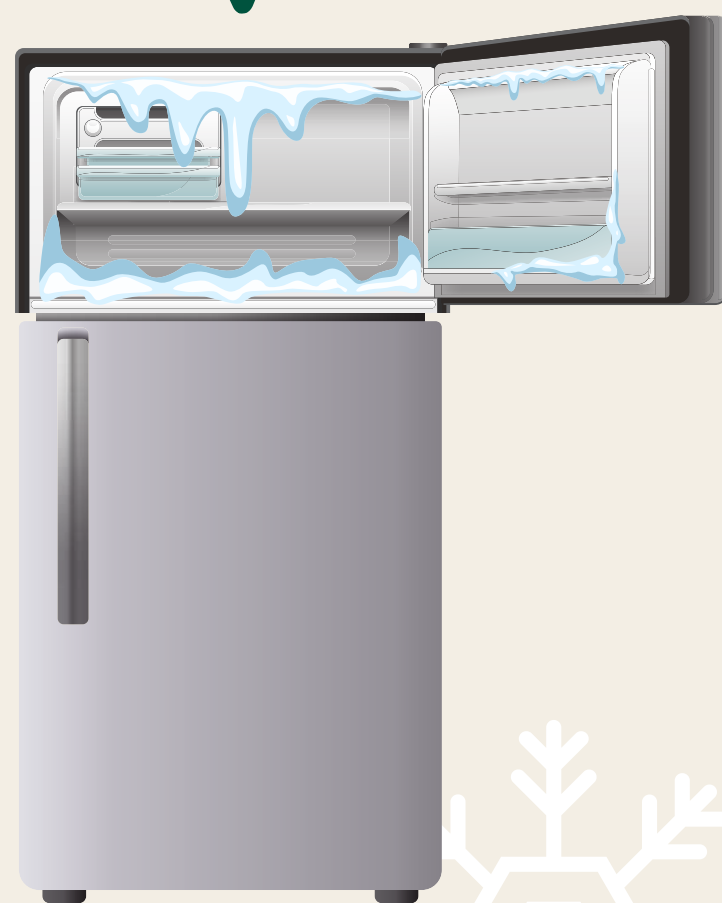
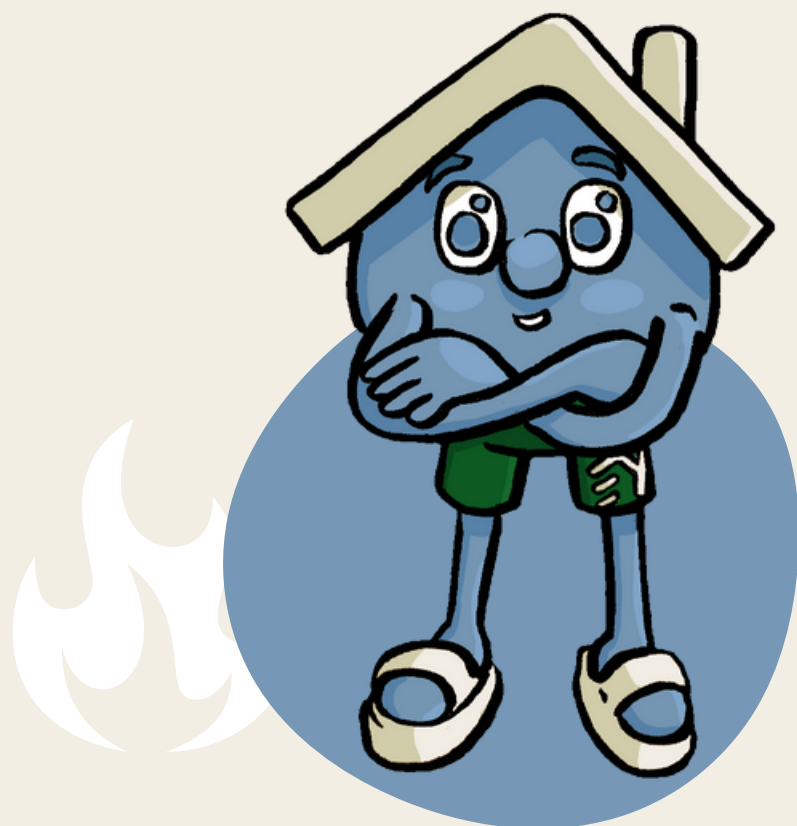EPINAL HABITAT

Advice from
Astuce

+30%

It is very important to defrost your freezer regularly to avoid over-consumption.
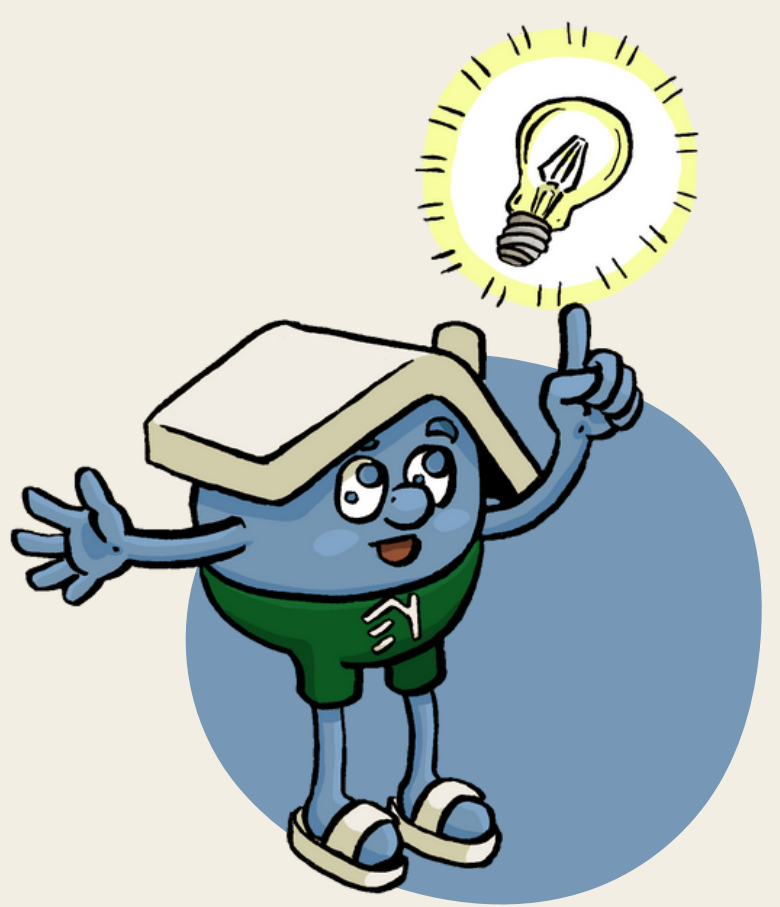
EPINAL
HABITAT

Advice from *Astuce*

Remember to put a lid on during cooking.
This reduces the cooking time of the food, which in turn
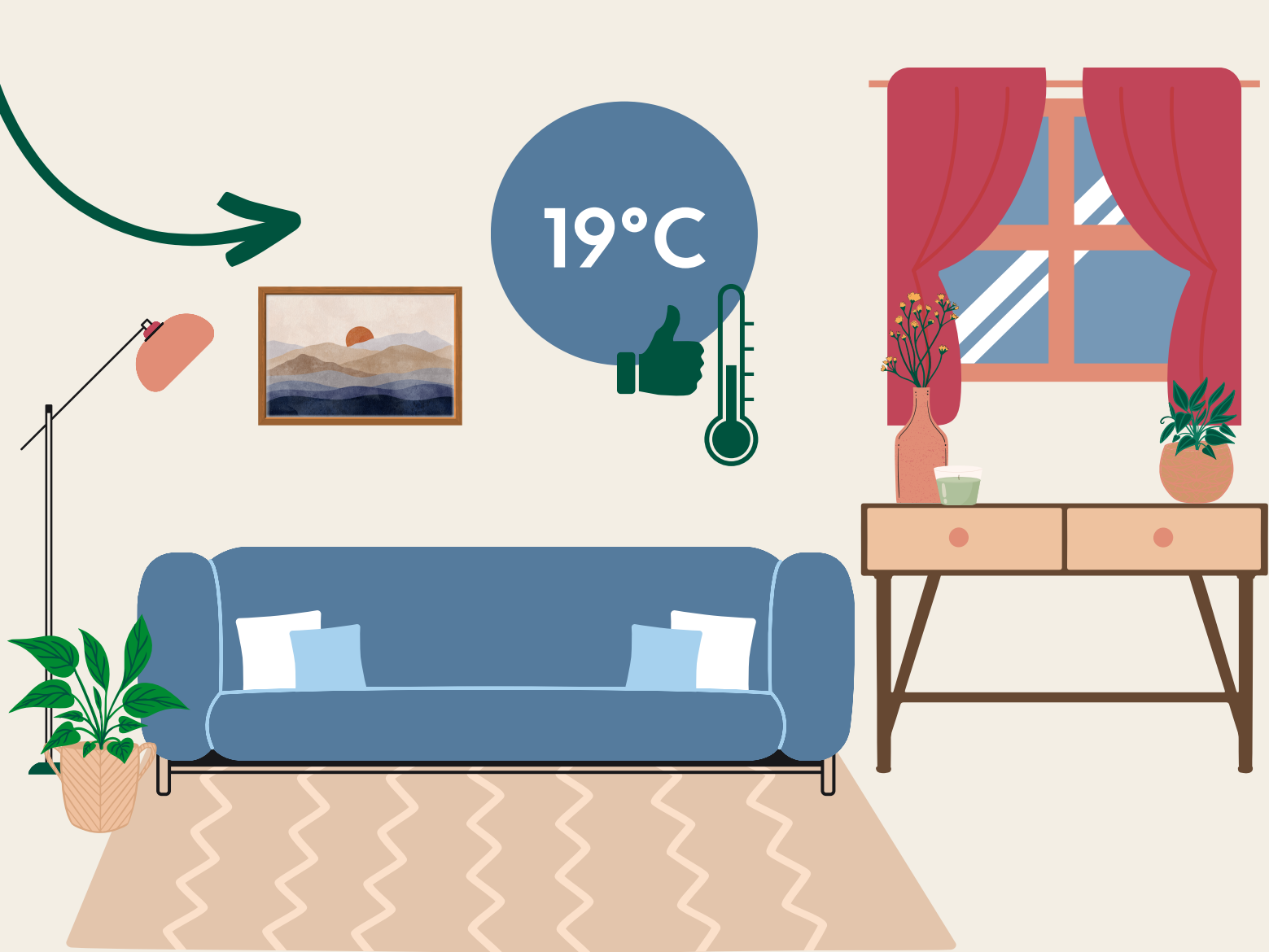reduces your gas or electricity consumption.

EPINAL HABITAT

Advice from
Astuce
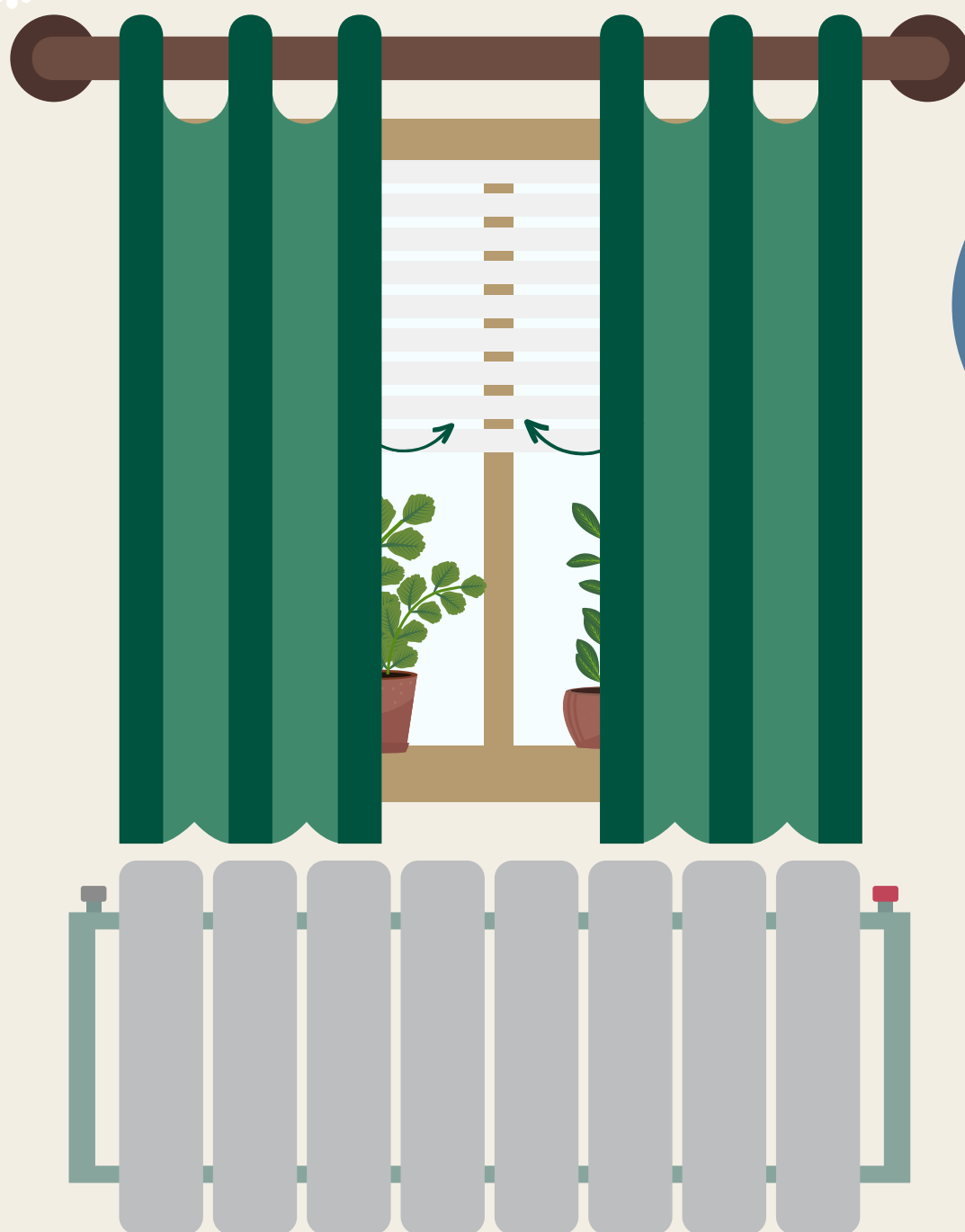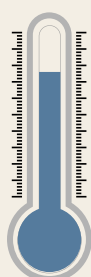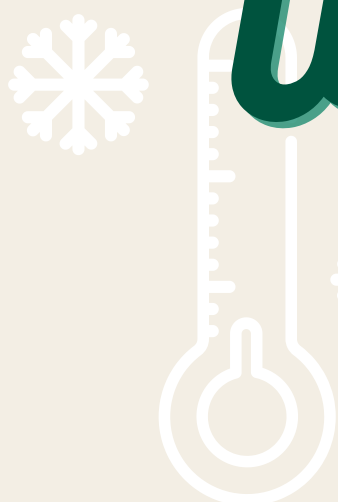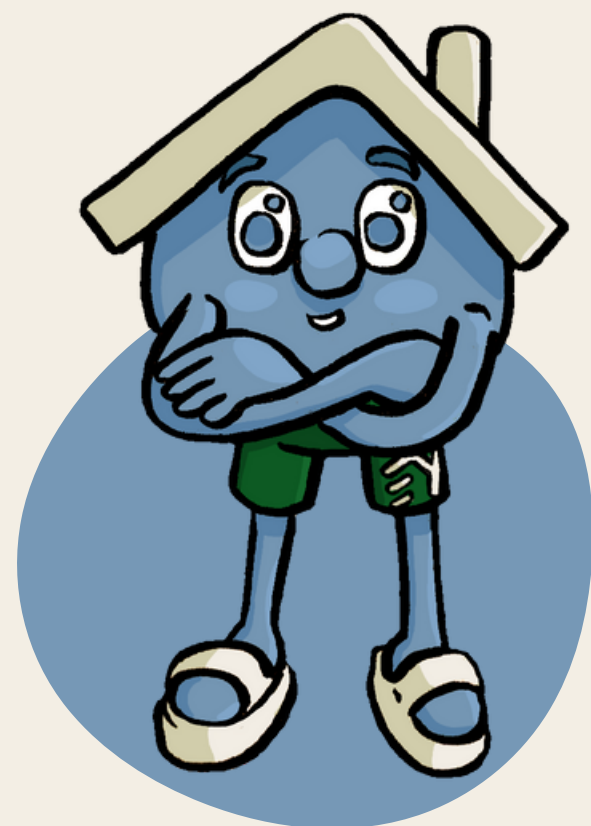
20°C → -1°C = -7% €

19°C 👍

The ideal temperature for the living room is 19°C.
-1°C = -7% on your annual invoice

EPINAL
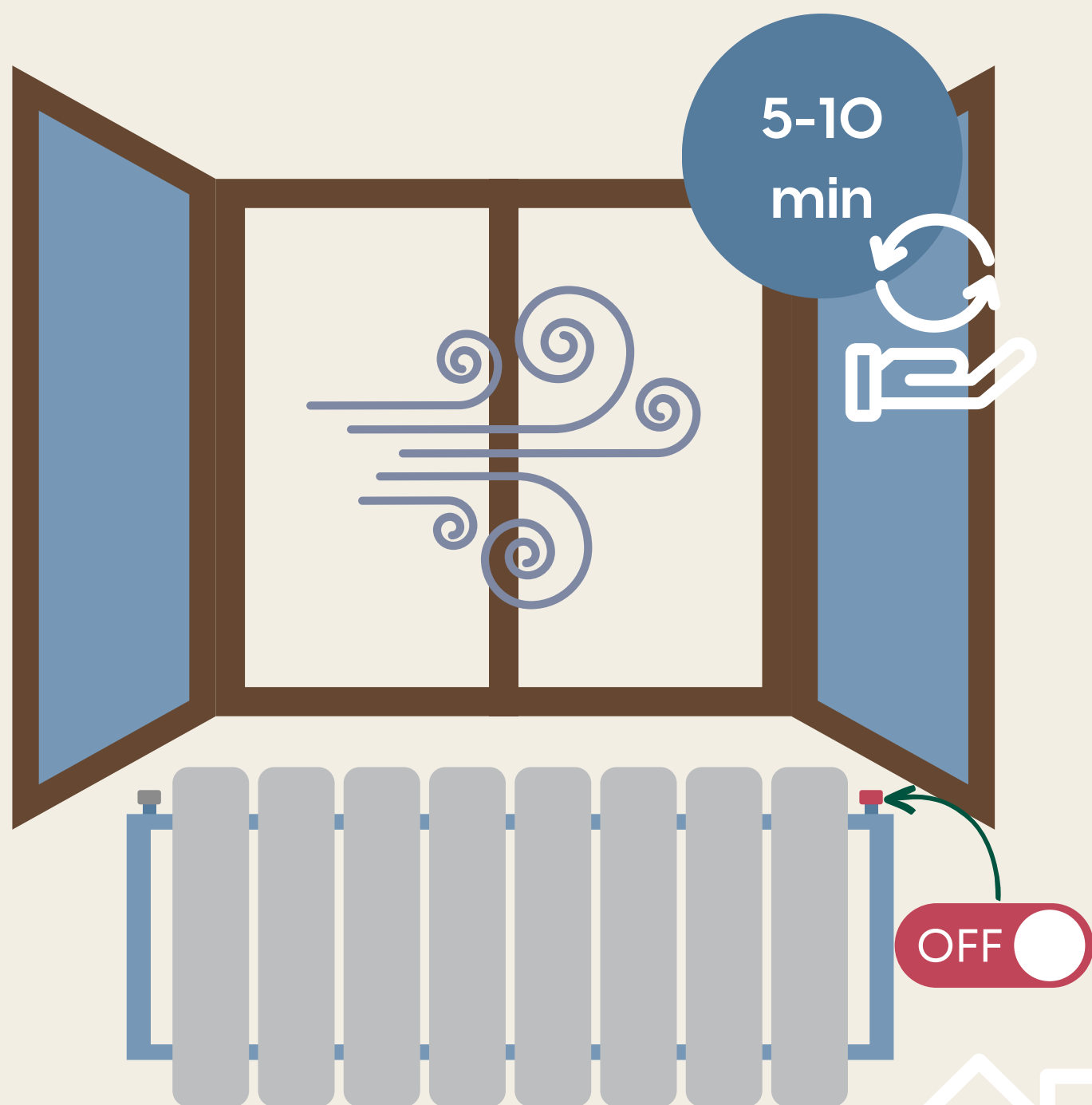HABITAT

Advice from
Astuce

-7%

Install heat-insulating curtains to keep out the cold
in winter and the heat in summer.
Be careful not to cover your radiators with the curtains.

EPINAL
HABITAT

Advice from
Astuce

MONDAY ✓
TUESDAY ✓
WEDNESDAY ✓
THURSDAY ✓
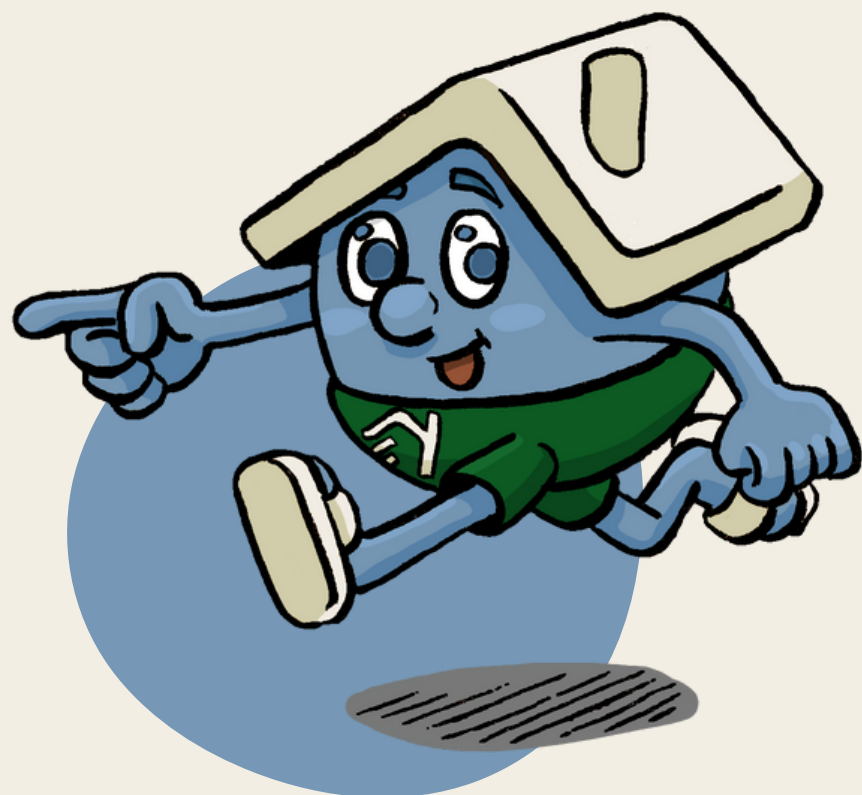**FRIDAY** ✓
SATURDAY ✓
SUNDAY ✓

5-10 min

OFF

Turn off your heating and ventilate your home for 10
minutes per day to regulate humidity.
Air that is neither too dry nor too damp is easier
to heat and saves energy.

EPINAL HABITAT
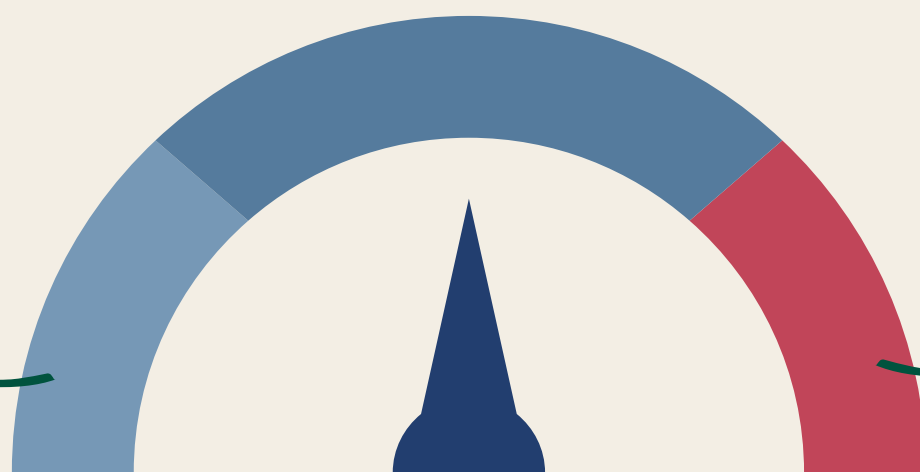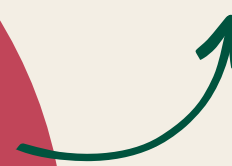
Advice from Astuce

40-60%

-30%

+65%

It's important to check the humidity level in your home regularly to manage your energy consumption.
The ideal humidity level is between 40 and 60%.
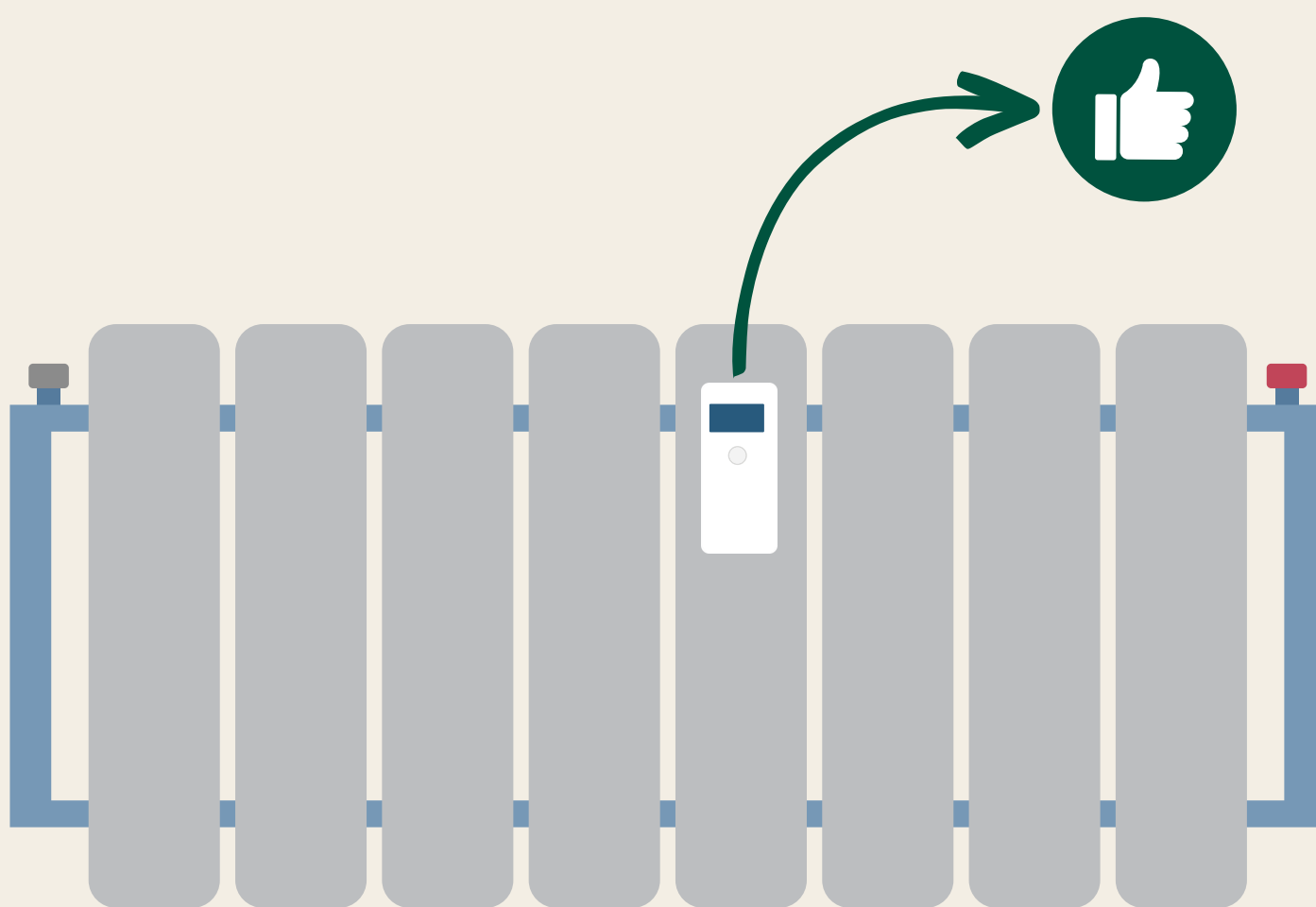To check this, use a hygrometer.

EPINAL
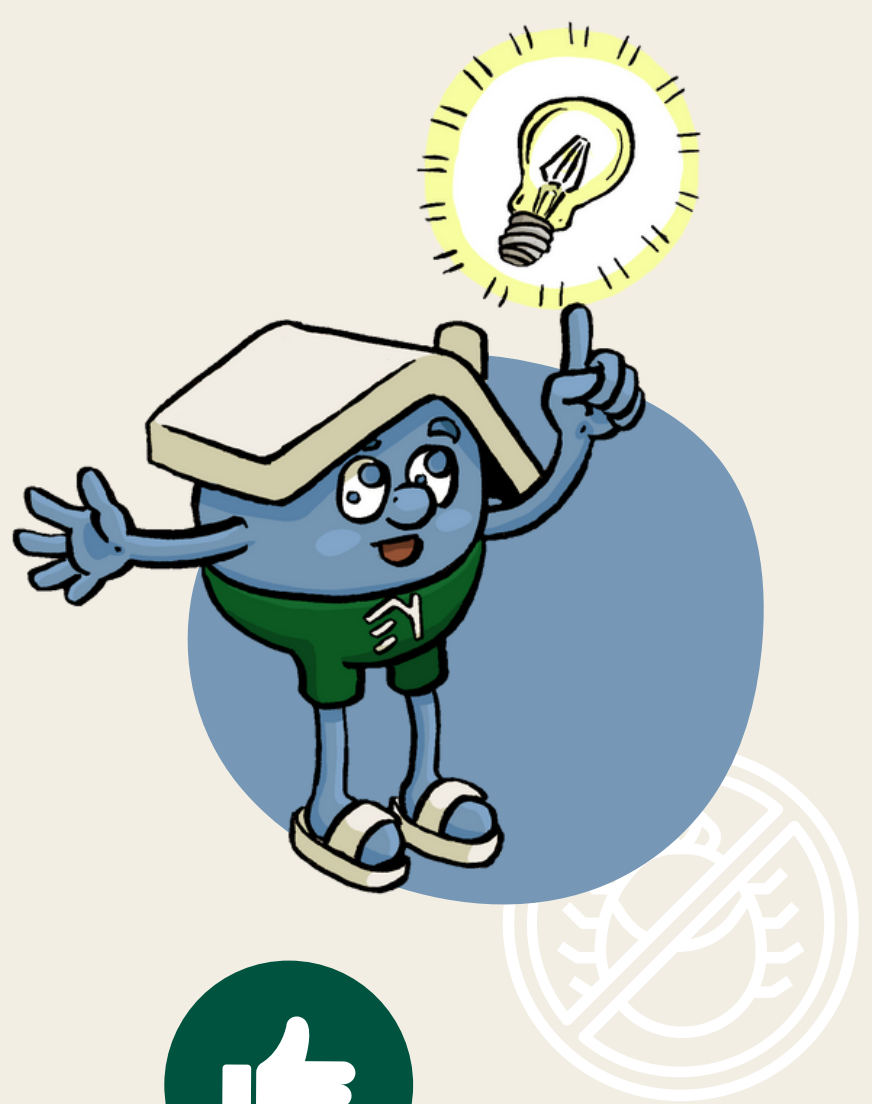HABITAT

Advice from Astuce

Up to -20% off

The distributor allows you to manage your charges according to your consumption.
Remember: to save money, it's also important to do the right things every day.
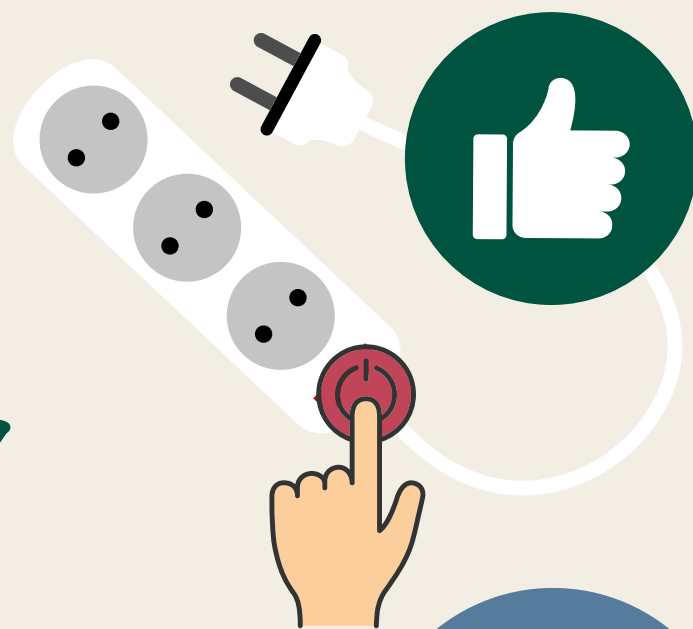
EPINAL HABITAT
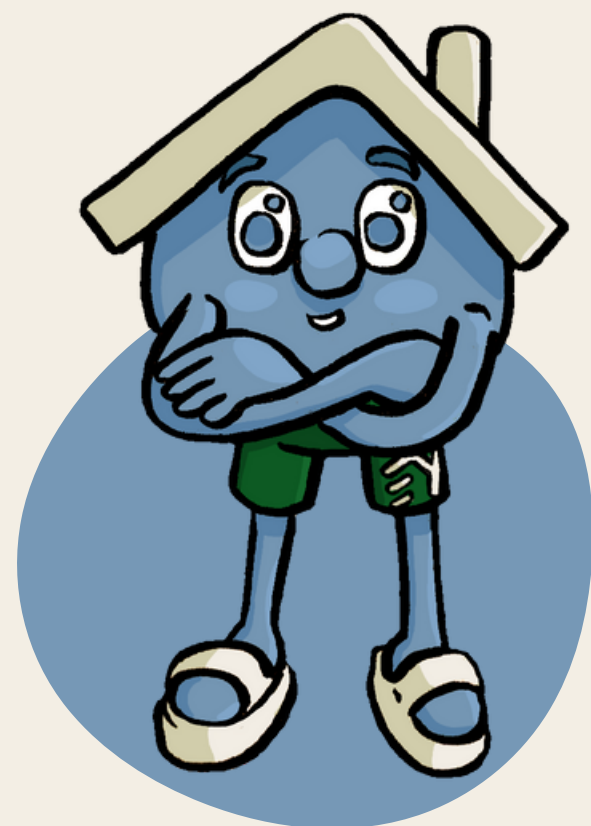
Advice from
Astuce

Don't cover the air vents in your windows to
ensure that the air is renewed in all the rooms,
even if the air temperature is cool.
Remember to dust regularly.
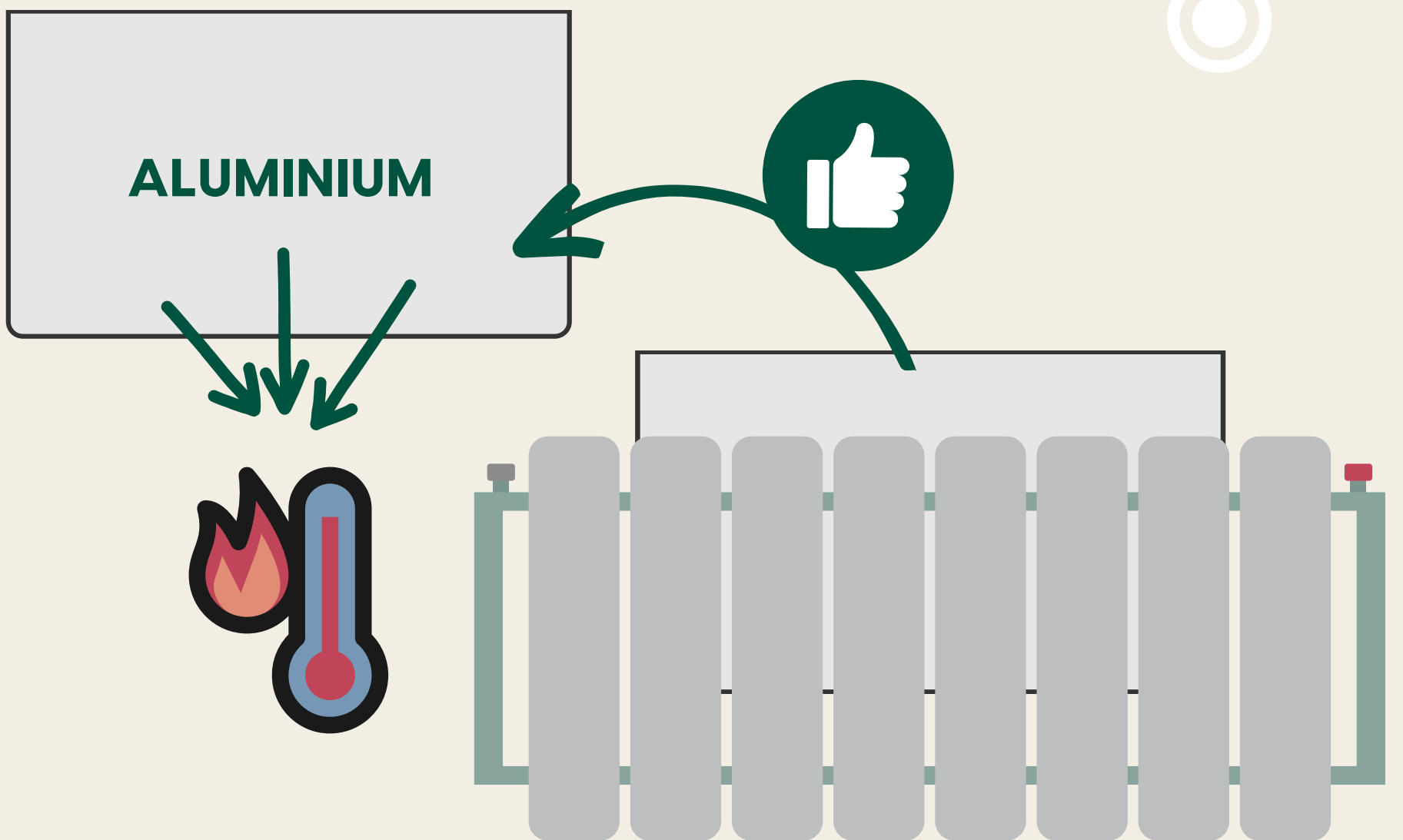
EPINAL
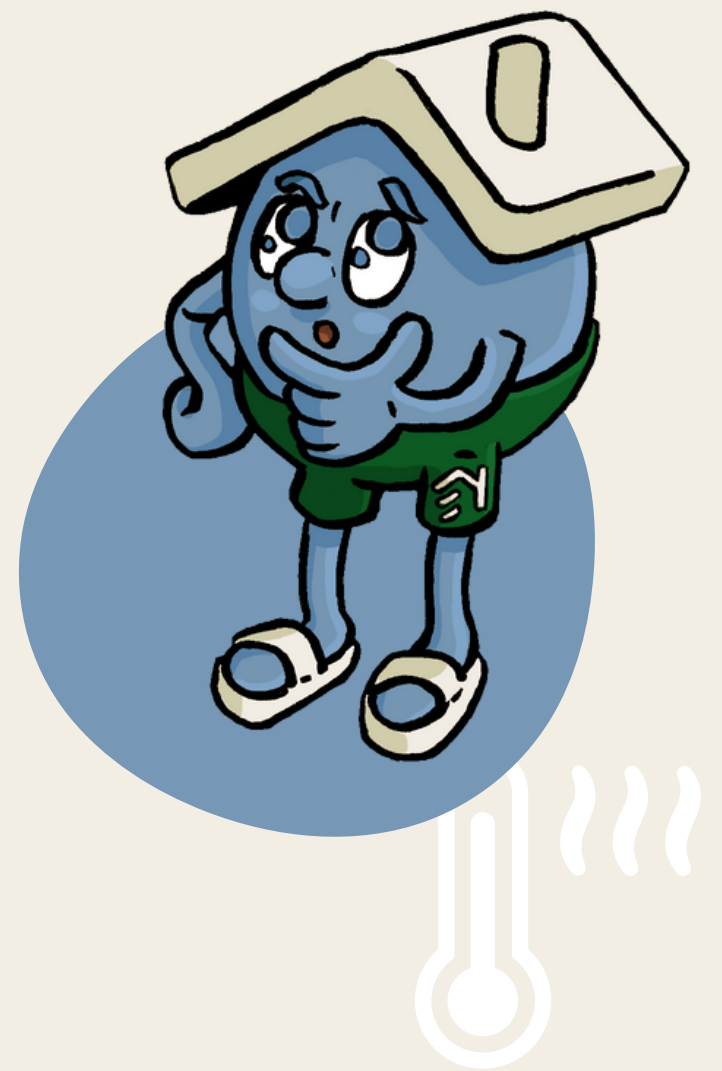HABITAT

Advice from Astuce

Plug connected devices (TV, internet box, hi-fi system, games console, etc.) to a multi-socket outlet with a button and remember to switch it off before going to bed.

-10%

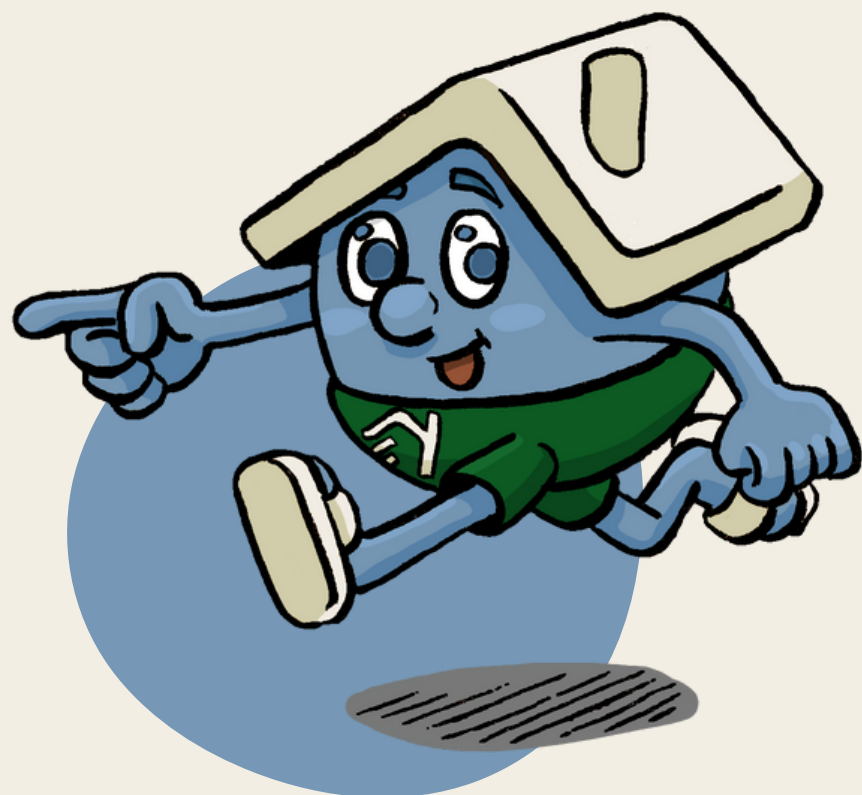**EPINAL HABITAT**

Advice from
Astuce

ALUMINIUM

You can install heat shields behind your radiators to reduce heat loss.
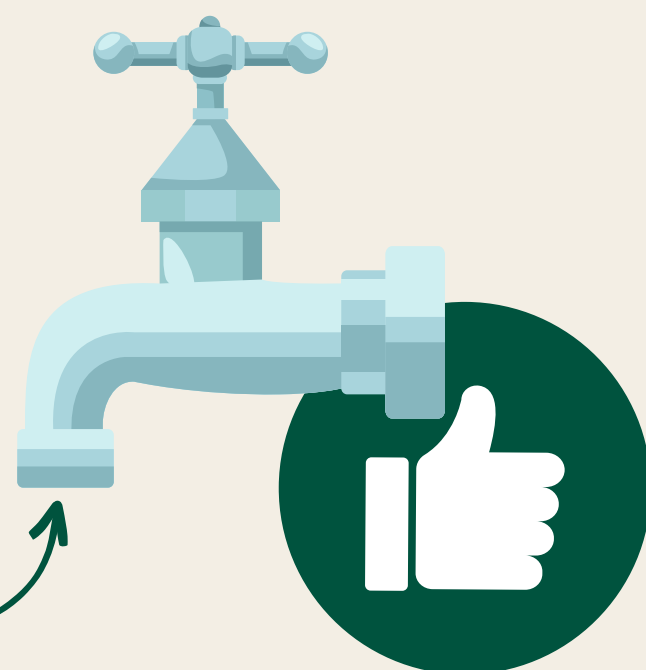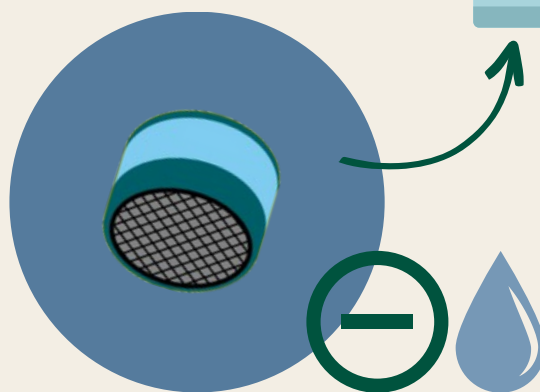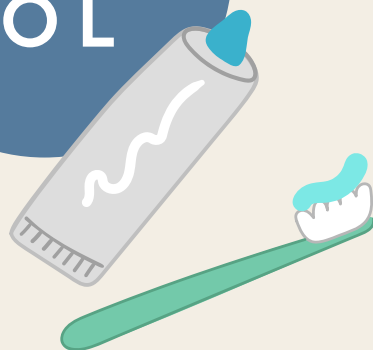
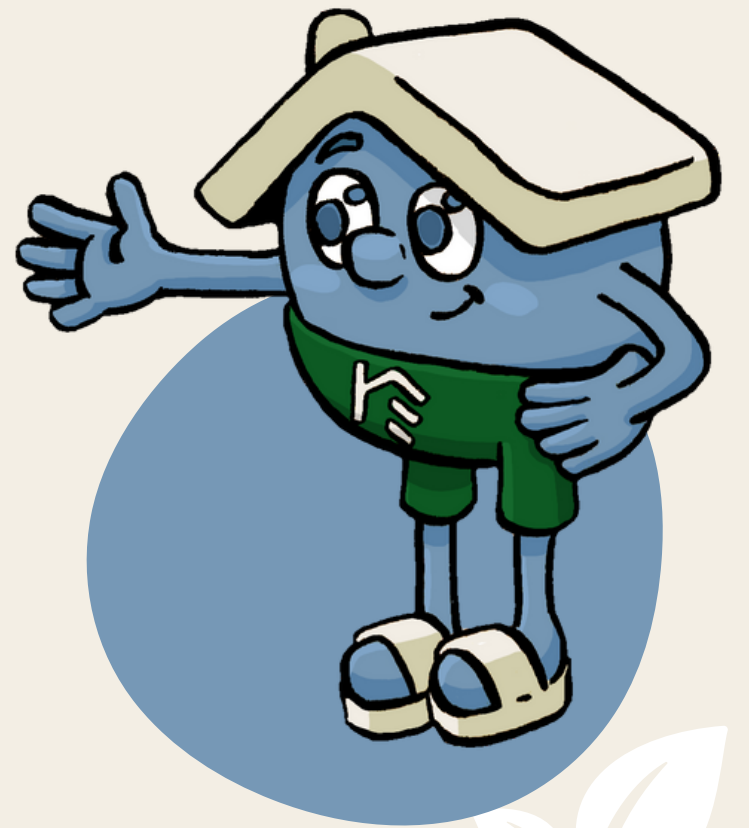EPINAL HABITAT

Advice from Astuce

1 min = 10 L

When I brush my teeth,
I turn off the tap (1 minute = 10 litres of water).
I install a foamer to halve my water consumption
(up to €20 off my invoice).

EPINAL
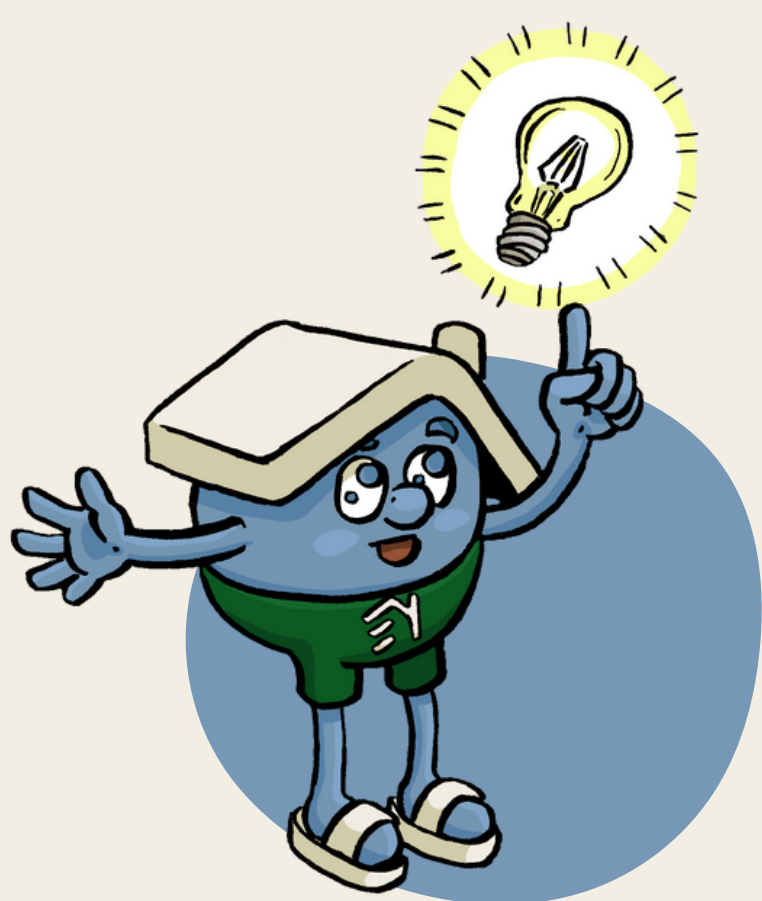HABITAT

Advice from
Astuce

ECO WC SAC

ECO

Install an eco-bag to reduce the amount of water used per flush (you can save up to 1.5 litres).
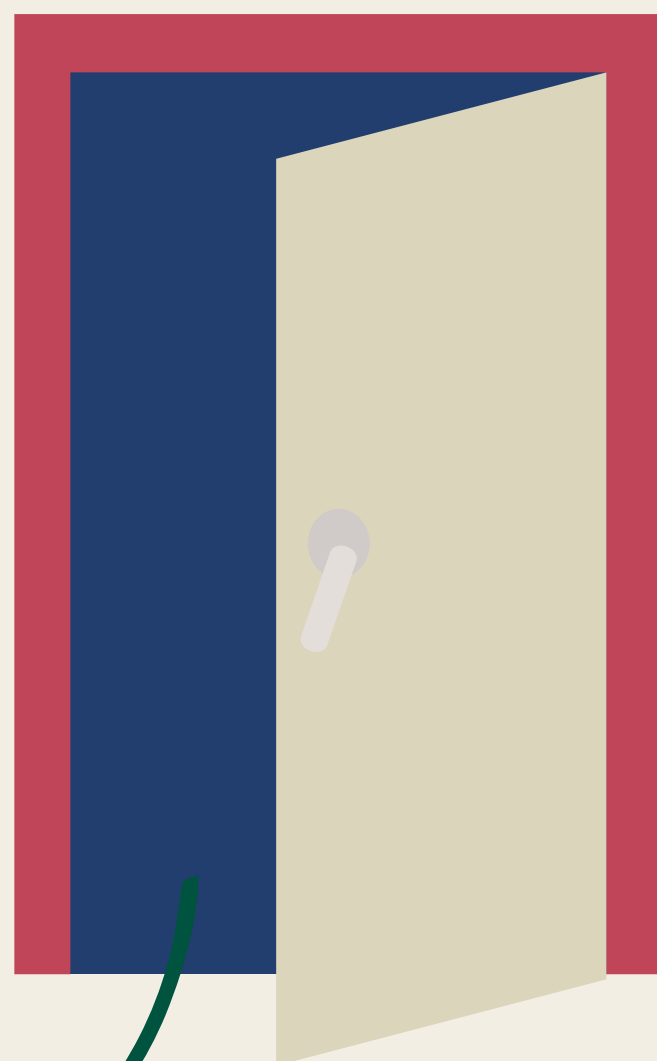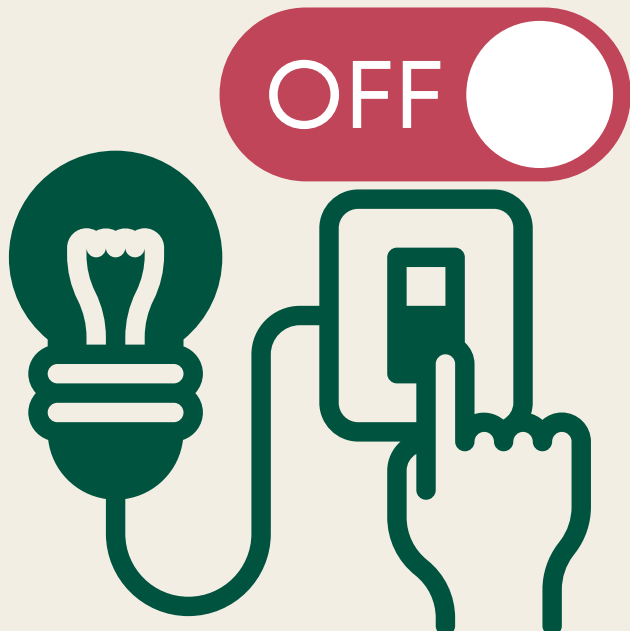Be vigilant about water leaks (around 15L/hour).

EPINAL
HABITAT
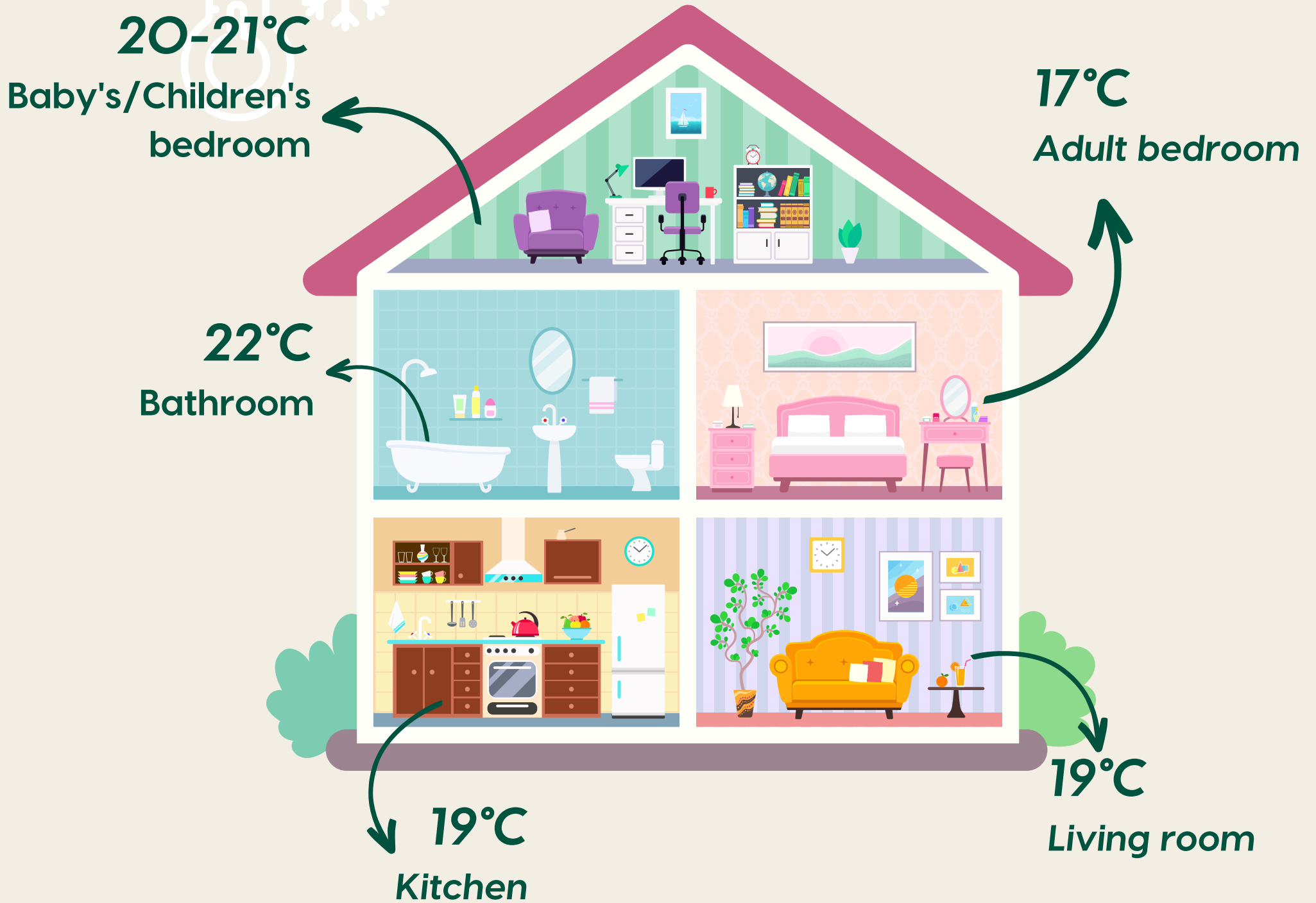
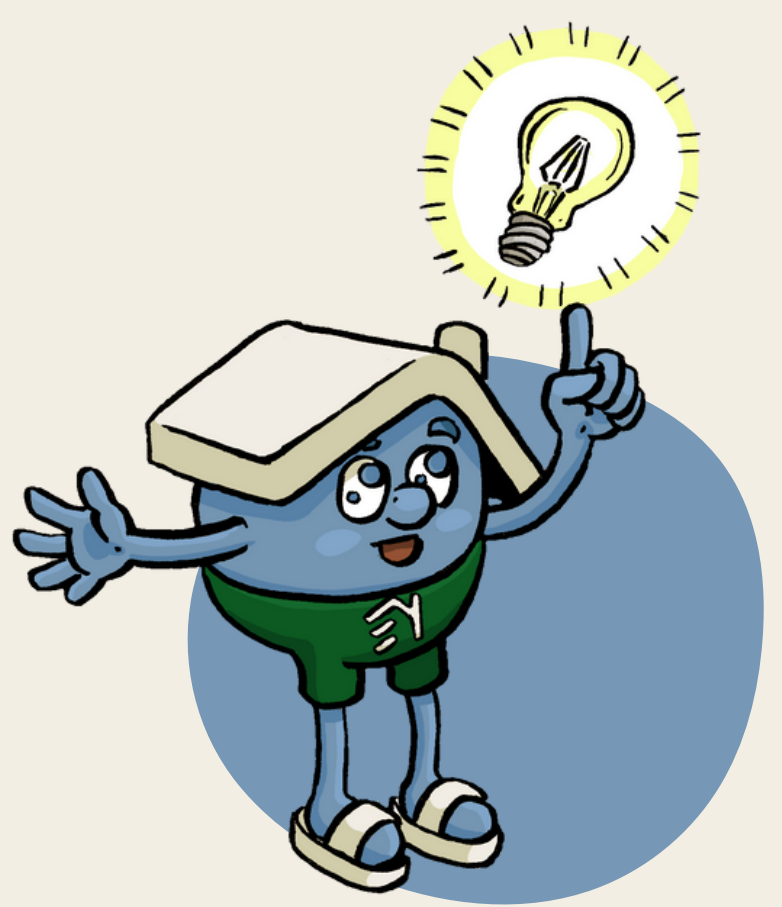# Advice from *Astuce*

Up to
-10€ off

OFF

Remember to turn off the lights when you leave a room, it's the best way to save money.

EPINAL
HABITAT

Advice from Astuce

20-21℃
Baby's/Children's bedroom

17℃
Adult bedroom

22℃
Bathroom

19℃
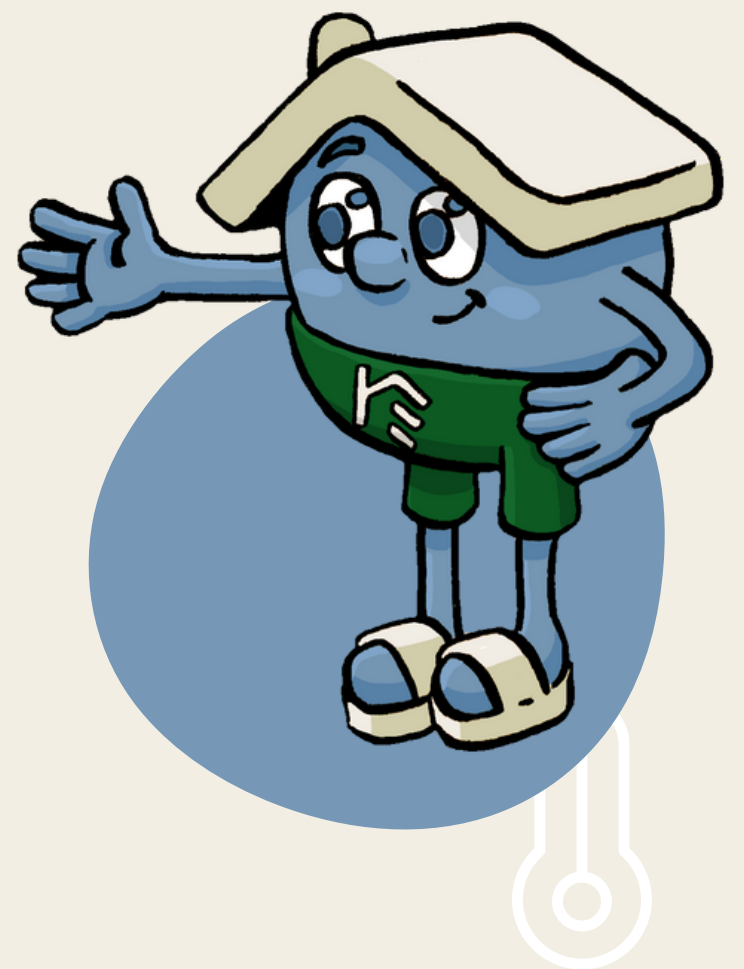Kitchen

19℃
Living room

Adjusting the temperature according to the room
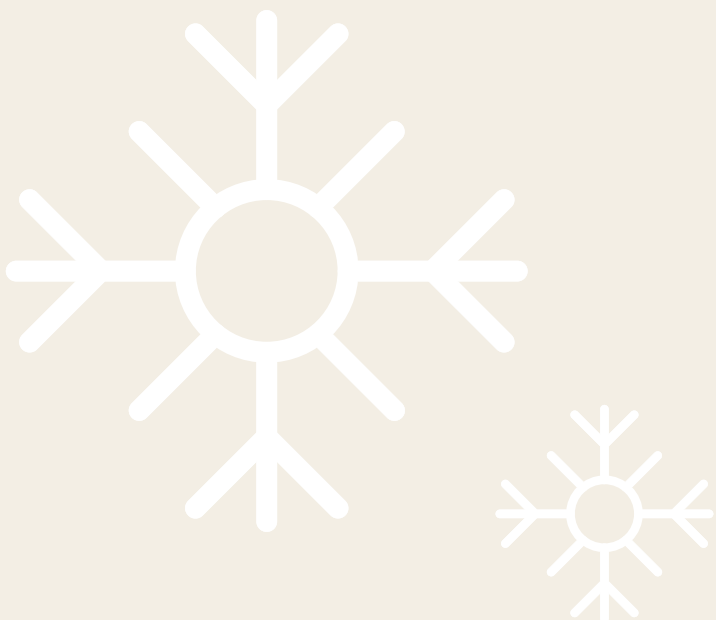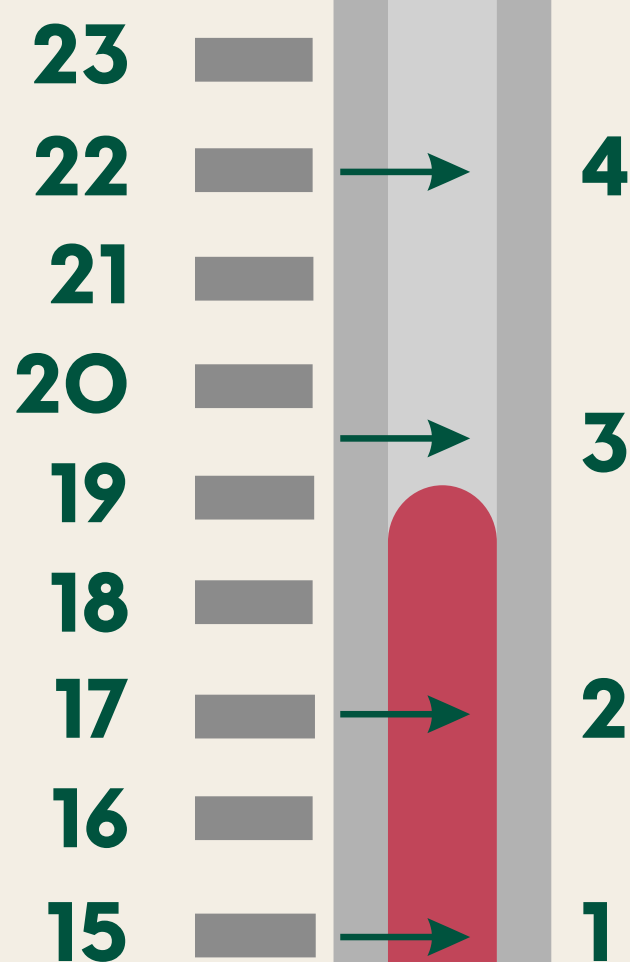will save you money.
1°C less is 7% less energy!

EPINAL HABITAT

Advice from Astuce

Temperature in °C

Valve position

Temperature	Valve position
23	
22	→ 4
21	
20	
19	→ 3
18	
17	→ 2
16	
15	→ 1

EPINAL HABITAT